

Q1 Journal Prompts

The • Colorful • Jess

from WHITE COFFEE *creative*

Write 3 business wins that you really loved.

Write 3 business learning lessons that helped you grow.

Write 3 life things that happened that you're proud of.

Write 3 life learning lessons that you want to work on.

What's the biggest takeaway for you in Q1?

What are things you're looking forward to in Q2?

Have fun with these and stay in touch!

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